



K'ALMA[®]

S P A · J O U R N E Y S

www.kalmaspas.com



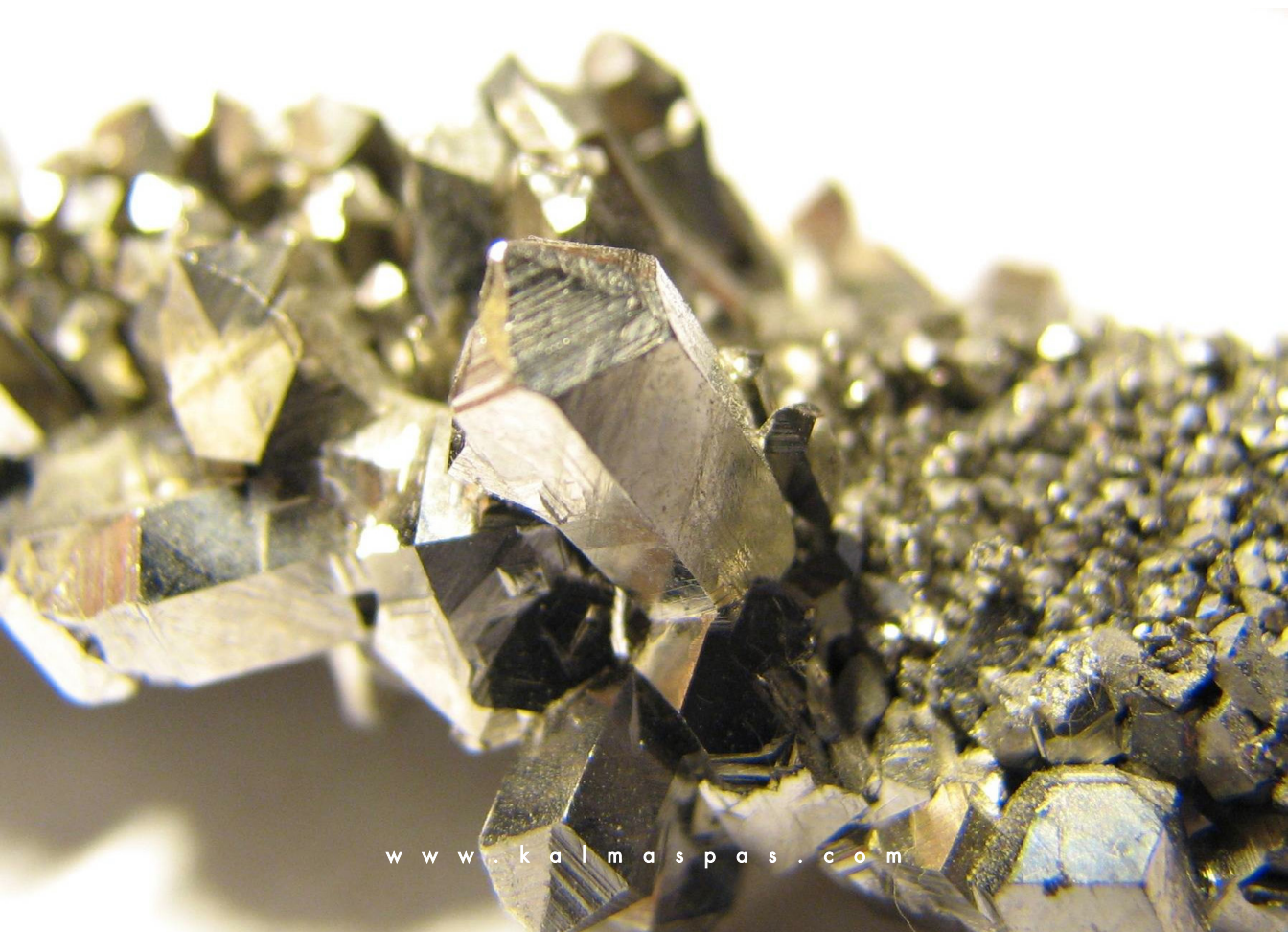
The real mystique behind every tree is its roots. It all begins with a seed deep within the earth, finding nourishment, exploration, and growth, until an extension of it breaks the surface to reveal something beautiful. From above, we admire sturdy trunks and winding branches ever vibrant with leaves and buds. However, this silhouette merely mirrors the pillar strength below, where the roots absorb, radiate, and center ever-renewing forces.

K'Alma is about nourishing at your roots.

K'Alma Spa Journeys simply and powerfully aim to deliver balance to your energy and focus, allowing you to be more grounded. We draw from our own roots - the locale and culture of Peru, rich in healing practices still honored today by The Q'ero spiritual healers. We embrace their ancient knowledge and believe that now is the time to return to the sacred.

To help us initiate this reset, K'Alma enlists the Earth's many natural gifts. Indigenous crystals are the centerpiece of our Spa, where vibrations cast distinct energies. Products are custom blended from our careful curation of organic ingredients. Treatment rituals are performed with the utmost technique, not only in touch point, but in spiritual intention.

Here you will discover beauty and wellness, and a deep connection to what makes you truly thrive.





The Spa includes six treatment rooms, including Couples and Hydrotherapy suites. Each is themed according to the healing powers of individual crystals historically collected by the healers in Peru. In aromatherapy, the crystals and energies come to you according to your needs. The room will choose the person, based on what each guest needs.



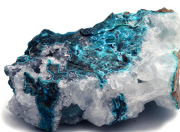
Alabaster

Draw in or deflect the very vibe the moment requires. Cleanse the chakras and promote feelings of clarity, calmness, and forgiveness.



Amethyst

Cast away all negativity, leaving you to tap into your intuitions and higher purpose.



Chrysocolla

Embrace the vibrant blue hues that both empower and soothe. Guides that inner voice to be heard and the heart to be open to communication, compassion, strength of character, and self confidence.



Clear Quartz

Use alone to conjure your higher self and intuitions or pair with other crystals to amplify their own respective energies.



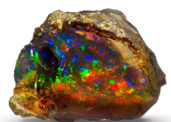
Labradorite

Conjure the magical side of your spirit under its glowing protection. Heal ailments, worries, and tensions and dream of what can be.



Tektite

Enliven your aura and use this newfound energy to march forward. Unleash a free flow between all the chakras for a deeper insight into life's encounters.



Opal

Reflect on your thoughts and emotions for greater self-awareness and ultimate transformation to your true self.



Prior and post treatment, guests can explore the spa's many relaxation vignettes.

Chakra Pathway

Just beyond the foyer's living green archway is a series of seven benches, where crystal sculptures representing each of the seven chakras float above each bench. This serves as a place to rest and to recharge, to absorb the specific energy of the overhead crystal, realigning your true self.



Library Lounge

A cultured space that lures guests to linger. The choosings for how to do just so are ample, from the Peruvian herbal tea bar to the spa's book collection of short stories from around the world, all to be enjoyed within the cozy daybeds.

Hamam

Our boutique hamam is a cozy nook that offers a heated stone surface for reclining as the heat eases your tired and aching muscles to a state of deep relaxation and release.

Meditation Room

Where one can further engage the mind/body connection. Underneath a ceiling of cascading crystals, plush floor pillows invite guests to practice meditation. Before departing, a selection from the affirmation wall enhances newfound clarity with individual messages of encouragement.

Steam Room

Our steam room is crafted with traditional cedar and volcanic pebbles line the floors. The feature of this space is our unique fountain of Mara salt. Used in Incan healing, it can be used as a medicinal scrub to cleanse your skin and your energy to prepare yourself for purification of mind and body. Water is an ancient purifying agent, utilized as far back as the Romans and beyond, for cleansing the body and spirit. Kings, queens, warriors and healers of all traditions bathed in water and steam to cleanse their bodies, minds, and spirits to prepare them for acts of greatness. What will you conquer today?



Khuyay "Love" Couples Massage

Designed to reflect the ancient Machu Picchu Ritual of the Sun & the Moon, this couples treatment creates one energy through the combination of the masculine sun and the feminine moon. This journey is an intentional massage designed to strengthen the bond between partners. It begins with an intention written on a small slip of rice paper. Then, each guest selects an aromatherapy oil to be combined into one unique essential oil blend to be utilized for the treatment. The couple's written intention is placed inside the aromatherapy oil blend bottle for the treatment and it goes home with the couple afterwards. As we combine and bind the energies of the couple, they are encouraged to hold hands at the beginning of the massage, then to relax deeply into their individual massages. As the massage concludes, the couple holds hands again to bind their energies and intentions. All massages are tailored to each guest's need.

75 minutes | \$350 / couple



The K'Alma Journey

A massage that prepares you for whatever comes next. Ease yourself into a surrender as you take in the scent of our signature aromatherapy and listen to the patter of an Incan Rain Stick, as it balances the vibration of your aura. K'Alma blends the traditions of many ancient healing practices to create a new experience of stretching, pressure point, deep tissue, and reflexology. Every part of you receives customized guidance on this path to healing.

90 minutes | \$230

Anallaw Energy Ritual

References Andean practices to enhance your flow of energy. An aromatherapy massage with crystals focuses on the seven chakras. When you are aligned you are grounded to the Earth, revealing your true purpose. The colors of the chakra align to connect you with the universe, empowering you to be your most powerful self. Our signature aromatherapy blend is used for the massage and a touch of CBD drops melt away any remaining anxiety, to allow for a fully energizing experience.

90 minutes | \$260

Kay Pacha K'Alma

Allow the body and mind to release with a massage of firm pressure and an exotic Sacha Inchi oil blend, sustainably extracted from the Amazon. Ideal for reducing inflammation and redness, this oil is combined with coconut oil for a luxuriously tropical experience.

60 minutes | \$165



Pisco Sour Scrub

Peru's favorite libation, the Pisco Sour, is deconstructed to release the healing powers of its ingredients for a unique treatment that is delicious and nourishing for your skin. Sugar-infused cinnamon, lemon, and Pisco scrubs away impurities, followed by a massage with a cinnamon moisturizer to complete the treatment.

60 minutes | \$175

Maras Salt Healer

Skin polished to luminosity with the aid of natural pink salt harvested from the ancient pools of Maras. The healing blend of calcium, iron, and magnesium helps reduce swelling.

45 minutes | \$145



Andean Cacao Soother

A chocolate trifecta with decadent effects. Skin is prepped with a cacao and sugar scrub that simultaneously detoxifies while injecting deep hydration. Next, the body is coated in a rich, creamy masque variation to help tone and sculpt the silhouette, followed by a massage with cacao-infused oil as the final touch.

90 minutes | \$235

Kashamarka Gold Mask

The scientific benefits of this precious metal combined with a signature ritual that ultimately mines all that's rich within. While the body is absorbing the potent anti-aging properties of a "golden algae" wrap, a gold facial mask transfers its glow. Skin is boosted in microcirculation, cell renewal, and collagen production, making you feel like a king or queen.

90 minutes | \$299





Oro 24k Facial

Your outer complexion matched with your inner youth. A 24k gold collagen mask flows within every facial contour to boost rejuvenation at a deep, cellular level. Nutrients continue to seep below the skin to target the underlying causes of aging for a therapy that not only treats existing lines, but helps prevent future ones.

70 minutes | \$199

Quinoa Power Facial

Enlisting the ancient super grain for super results, this deep cleansing facial commences with a quinoa scrub, rich in B and A vitamins that help treat age spots and other skin pigmentations, as well as reduce fine lines while increasing skin elasticity. Fresh skin is doused in a gentle milk cleanser before a final circulation massage and a quinoa moisturizer further locks in healthy renewal.

50 minutes | \$175

Maracuyaway

A traditional Peruvian practice strives for beauty from the inside out. This treatment features a refreshing drink of a rich, traditional beverage of organic honey and passion fruit, massaged into your skin to saturate your delicate face with high antioxidants to heal and protect from sun, wind, and the stresses of our modern world.

50 minutes | \$165



menu | manicures + pedicures

Cat Claw

Based on ancient healing practices, this treatment features Uña de Gato tea which contains a powerful anti-inflammatory quality. Combined with reflexology treatment, the traditional tea is absorbed through your hands and feet to relieve tension and release energies for a deep cleansing throughout the organs of the body.

	\$100
Add an exfoliation	\$30
Add a paraffin treatment	\$35

Amazon

A Coca Tea Hand and Foot Ritual with mini massage and manicure. Coca leaves can be used to firm the skin. Coca is a natural stimulant packed with important vitamins and helps to revitalize skin, detoxify and improve blood circulation.

	\$100
Add an exfoliation	\$30
Add a paraffin treatment	\$35

packages

Yacu Wasi "House of Water" Ritual

Kay Pacha K'Alma + Pisco Sour

A hydrotherapy massage and body treatment designed to promote peace and purity. Includes a diamond collagen face mask.

2 1/2 hours | \$355

Pachamama "Earth + Time Goddess"

Anallaw Energy Ritual + Andean Cacao Soother + Quinoa Power Facial

Both ceremonial and therapeutic, this extended spa journey taps into embracing release. The treatment begins with a ritual for letting go and sets an intention to begin a new journey.

3 hours | \$425



Sacred Valley Ritual

K'Alma Journey + Kashamarka Gold Treatment + Oro 24k facial

4 hours | \$555

Reserve your treatment | (305)534-5555 | marizza@kalmaspas.com

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